

AYSO ISLAND BEST TOURNAMENT
Emergency Action Plan (**EAP-2025**)
Waipio Soccer Complex
93-061 Waipio Point Access Road

SAFETY DIRECTOR:

IBT Safety Director. All injury forms must be completed by the first responder and sign by RC's. SD has notified hospitals and fire stations within 10 minutes from the field regarding tournament dates and times.

COMMUNICATION:

All tournament staff will be assigned two-way radios and will be asked to carry their cell phones while at the tournament. Cell phone numbers will be distributed to all staff members.

FIRST AID:

A trained responder will be available throughout the course of the tournament. Golf Cart will be assigned to the first aid tent. EMT will provide first aid for minor injuries; will not dispense drugs; will assess major injuries.

TOURNAMENT SITE MAP:

A map of the tournament fields and facilities will be posted on the website.

DAILY TOURNAMENT SUMMARY MEETINGS:

Mandatory daily tournament summary meetings for all staff will be held at the operations tent following the last game of each day. Safety needs and concerns will be addressed at meeting if not already dealt with.

GOLF CARTS: Only tournament staff will be allowed to operate golf carts. All passengers must be seated in cart at all time

1. Emergency Personnel/Team

- a. Emergency Assistance
 - i. Volunteers trained by Red Cross or Equivalent (First Responder).
 - ii. Volunteer medical professional (doctor/nurse-First Responder)
 - iii. Administrator (Tournament Safety Director).
 - iv. Team Coaches

2. Emergency Equipment

- a. Medical supplies to treat minor injuries
- b. Ice packs

3. Role of the First Responder

- a. Establish that scene is safe and provide immediate care for the athlete(s) (i.e. check for electrical wires, fire or pool of water).
- b. Activation of Emergency Medical System (EMS) in the following situations or if unsure if medical care is needed:
 - i. Unconscious athlete or altered level of consciousness.
 - ii. No pulse or circulation.
 - iii. Anaphylactic shock (i.e. allergic reaction to food, drugs or insect bite).
 - iv. Electrical shock.
 - v. Head injury with loss of consciousness.
 - vi. Neck injury resulting in altered level of sensation, strength or range of motion. DO NOT MOVE the athlete.
 - vii. Suspected fracture. DO NOT MOVE the athlete.

c. WHEN CALLING 911.

- i. Provide name of caller. (**Tournament Safety Director is primary caller**, or Coach and/or Assistant Coach)
- ii. Name of site: Waipio Soccer Complex.
- iii. **Address of site: 93-061 Waipio Point Access Road**
- v. Give cross streets: Farrington Highway and Waipio Access Road, pass Ted Makalena Golf Course, follow to end of road and look for soccer fields.

- vi. Give specific directions as needed to get to the emergency scene. (give field number)
 - vii. Alert Security to clear the way and escort EMS to emergency scene. (give field number)
- d. Provide appropriate CPR or first aid.
 - i. First aid treatment to be provided by volunteer(s) trained by Red Cross or volunteer medical professional (doctor/nurse).
- e. Communication Chain.
 - i. Parent(s) or Guardian(s) notified by Coach of injury or illness to their child.
 - ii. Coach to notify First Aid Tent of injury via Field Monitor(s) or walk-in.
 - iii. Tournament Safety Director to notify Security if necessary (i.e. catastrophic injury).
 - iv. Tournament Safety Director to notify Regional Safety Director if necessary (i.e. catastrophic injury).

4. Role of the Secondary Responder (Tournament Safety Director)

- a. Designate individuals to flag down EMS and direct them to the scene:
 - i. Tournament Safety Director will notify Security to flag down EMS at the entrance to the parking lot, who will direct EMS to the appropriate field.
 - ii. Limit scene to first aid providers and EMS. Move bystanders away from the scene.

AYSO Concussion Protocol

Immediate Action Steps

1. **Remove the Athlete from Play**
 - If an athlete shows any signs or symptoms of a concussion after a bump, blow, or jolt to the head or body, they must be immediately removed from play.
2. **Evaluate the Athlete**
 - Ensure the athlete is evaluated by a healthcare professional experienced in concussion management. Do not attempt to judge the severity of the injury yourself.
3. **Inform the Parents/Guardians**
 - Notify the athlete's parents or guardians about the possible concussion. Provide them with the CDC fact sheet on concussions.
4. **Keep the Athlete Out of Play**
 - The athlete should not return to play on the day of the injury. They can only return after being cleared by a healthcare professional who confirms they are symptom-free.

Additional Procedures

1. **Complete an Incident Report**
 - Fill out an AYSO Incident Report detailing the injury and the steps taken.
2. **Provide Information**
 - Give parents the AYSO/CDC information sheet on concussions and any additional resources available on the AYSO website.
3. **Obtain Necessary Releases**
 - Before the athlete returns to play, obtain a signed AYSO Participation Release from the parent/guardian. Obtain a Medical Release.
4. **Submit Documentation**
 - Ensure all signed forms are given to the AYSO Safety Director.

Key Reminders

- **When in Doubt, Sit Them Out:** It's better to miss one game than risk further injury.
- **Monitor for Symptoms:** Be vigilant for any signs of concussion and act promptly.

Lightning Policy and Procedures (Adopted from the National Games Governing Rules)

The referee, Field Monitor, Game Committee member and/or other official involved with the Games will be aware of the possibility of lightning in the area. Referees also are trained to count the seconds between seeing lightning and hearing thunder. If this time is less than 30 seconds, the referee or other official will immediately suspend the game and all persons should seek shelter immediately. Activities may resume only when a Games official gives the go ahead. In most cases, activities may be resumed when lightning or thunder has NOT been observed for thirty minutes.

Areas considered safe

- a. Inside a fully enclosed metal vehicle with windows up
- b. Inside a substantial building (roof and four walls)

Unsafe Areas

- a. Small buildings including picnic shelters and the open area of a concession stand
- b. Anywhere near metallic objects like flagpoles, soccer goals, metal bleachers, electric equipment
- c. Open fields, trees and water

Open area without shelter

- a. Avoid standing in groups
- b. Spread out to reduce risk
- c. Crouch on your feet, keep your head low
- d. Avoid being the tallest object
- e. Avoid lying on the ground

If a strike occurs to an individual

- a. Call 911. Refer to **3.C (Role of First Responder)**.
- b. If you are qualified to do so, apply First Aid or CPR immediately.
- c. People struck by lightning do not carry an electrical charge and are safe to touch.

Restarting after the All-Clear

- a. Games which have completed the first half will be considered finished and the score at the time play was suspended shall be the final score.
- b. Games which have completed less than one half; the referee will resume by starting the second half, reducing the remaining time if necessary, so that the match ends at the scheduled time.
- c. Games that cannot start within 15 minutes of the scheduled start time may be rescheduled.